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IMPORTANT DATES TO REMEMBER for WINTER SPORTS

MARK YOUR CALENDAR! (All dates subject to change)

All medical forms due by February 14th, all forms must be original copies. No photo copies, fax, or emails accepted.

Suggestion: Review the physical and health history forms prior to leaving Dr. Office, below are fields that are often missed.

Every athlete is required to submit the Health History Forms each season, even if you have a physical on file.

Physicals Forms

*Name on top of every page of form

*Date of exam

*Vision (in examination block)

*Blood pressure checked (in examination block) *Office Stamp *Dr. Signature (especially for the Cardiac Module)

***Health History Forms**, (2) make sure completed in full and signatures for student and parent.

Anyone that has a physical scheduled after February 14th, please contact the Athletic office: sesposito@monroetwp.k12.nj.us

WHS & WMS TEAM INFORMATION MEETINGS

Mandatory Meeting Dates / REMIND CODE -Text 81010, enter code for team. This is how you will receive information about practices, games and other team requirements.

<u>SPORT</u>	<u>TIME</u>	<u>DATE</u>	<u>Location</u>	<u>Remind Code</u>
WHS Baseball Room @gobrades24	2:20 p.m.	January 23rd	Weight	REMIND -
WHS - Golf Boys	2:20 p.m.	January 25th	A104	REMIND - @whsgolf14
WHS - Golf Girls	2:20 p.m.	January 29th	D217	REMIND - @braveggolf
Classroom Code: z77wale				
WHS - Lacrosse Boys	2:20 p.m.	January 25th	D107	REMIND - @
WHS - Lacrosse Girls	2:20 p.m.	January 23rd	Cafe A	REMIND - @whslax24
WHS - Softball	2:30 p.m.	January 24th	D106	REMIND - @bravessb
WHS - Tennis Boys	2:20 p.m.	January 24th	D107	REMIND - @
HS - Track & Field Boys	2:30 p.m.	January 18th	Caf A	REMIND - @springt24
Boys Link: https://www.remind.com/join/springt24				
WHS - Track & Field Girls	2:20 p.m.	January 18th	Cafe A	REMIND - @42bechk
Girls Link: https://www.remind.com/join/42bechk				
WHS - Volleyball Boys	2:20 p.m.	January 17th	D106	REMIND - @whsvball

WHS / WMS MANDATORY SPRING Try-outs/Practices begin *(Must be registered & cleared to participate)*

March 14, 2024 (subject to change)

IMPACT DATES for WHS Spring Sports ONLY

Will be completed virtually – link will be sent via email, must be completed by February 14, 2024

SAVE THE DATE WILLIAMSTOWN HIGH SCHOOL SPRING SPORTS AWARDS NIGHT ~ TBD

ALL DATES ABOVE SUBJECT TO CHANGE

