

# **2022-2023 ATHLETICS**



## **FALL**

### **Spectrum High School**

*Cross Country	Girls/Boys	Grades 7-12
*Football		Grades 9-12**
*Soccer	Girls/Boys	Grades 9-12**
*Volleyball	Girls	Grades 9-12**
*Swimming/Diving-Coop @ Elk River HS	Girls	Grades 7-12
*Tennis – Coop @ Big Lake HS	Girls	Grades 7-12
*Clay Target @ PACT Charter School	Girls/Boys	Grades 7-12

### **Spectrum Middle School**

Middle School Football		Grades 6-8
Middle School Volleyball	Girls	Grades 6-8

## **WINTER**

### **Spectrum High School**

*Alpine Skiing	Girls/Boys	Grades 7-12
*Basketball	Girls/Boys	Grades 9-12**
*Dance Team	Girls	Grades 7-12
*Hockey	Boys	Grades 7-12
*Wrestling		Grades 7-12
*Swimming/Diving-Coop @ Elk River HS	Boys	Grades 7-12
*Gymnastics- Coop @ Elk River HS	Girls	Grades 7-12

### **Spectrum Middle School**

Middle School Basketball	Girls/Boys	Grades 6-8
Middle School Wrestling		Grades 6-8

## **SPRING**

### **Spectrum High School**

*Baseball	Boys	Grades 9-12**
*Golf	Girls/Boys	Grades 7-12
*Softball	Girls	Grades 9-12**
*Track & Field	Girls/Boys	Grades 7-12
*Lacrosse – Coop @ Providence HS	Boys	Grades 9-12**
*Lacrosse – Coop @ Big Lake HS	Girls	Grades 9-12**
*Tennis – Coop @ Elk River HS	Boys	Grades 7-12
*Clay Target- Coop @ PACT Charter School	Girls/Boys	Grades 7-12

*\*Minnesota State High School League sanctioned sport. Grades 7-8 may participate based on ability.*

*\*\*All MSHSL eligibility requirements apply.*

## **ATHLETIC REGISTRATION**

<https://spectrumhs-ar.schooltoday.com/home>

Contact: Athletics Department @ [athletics@spectrumhighschool.org](mailto:athletics@spectrumhighschool.org)