

# 2014-15 Cambridge-Isanti High School MN State High School League athletics and activities



## **FALL SPORTS**

# All practices start August 11, 2014

## **Boys & Girls Cross Country**

Head Coach: Josh Lowman 763-689-8658

#### Football

Head Coach: Michael Hennen 763-442-9272

## **Cheer Squad**

Head Coach: Angie Lindberg 763-350-5369

## **Boys Soccer**

Head Coach: Charles Kieffer 763-689-6034

## **Girls Soccer**

Head Coach: Michael Galligan 763-689-6442

## **Girls Swimming**

Head Coach: Jen Olson 612-363-3519

#### **Girls Tennis**

Head Coach: Lee Orvik 763-689-6417

## Vollevball

Head Coach: Vicki Courts 763-689-6451

## WINTER SPORTS

- -Girls hockey starts Oct. 27 -Gymnastics, boys hockey & girls basketball start Nov. 10
- -Wrestling & boys basketball start Nov. 17
- -Boys swimming starts Dec. 1

## **Boys Basketball**

Head Coach: Mike McDonald 763-689-6481

#### **Girls Basketball**

Head Coach: Jody Ledahl 763-689-6472

#### **Gymnastics**

Head Coach: Wendy Rooney 763-843-8502

## **Boys Hockey**

Head Coach: Mark Kissner 651-246-5446

## Girls Hockey

Head Coach: Bob Nelson 612-597-4666

## Cheer Squad

Head Coach: Angie Lindberg 763-350-5369

## **Boys Swimming**

Head Coach: Gary Gotz 763-691-8638

#### Wrestling

Head Coach: Neil Jennissen 763-689-6045

## Weightlifting

Supervisor: Neil Jennissen 763-689-6045

Weight lifting is offered free of charge on Monday, Wednesday and Friday - both mornings and afternoons - during the school year

## **SPRING SPORTS**

- -Boys tennis starts March 23
- -Baseball & golf start March 16
- -Track & softball start March 9
- -Adapted bowling begins March 2

#### Baseball

Head Coach: Todd Smrekar 763-689-6424

## **Bowling – Adapted**

Head Coach: Steve Tischer 763-552-6331

## **Boys Golf**

Head Coach: Mike Hennen 763-689-6492

#### Girls Golf

Head Coach: Steve Hanson 763-245-0457

#### Softball

Head Coach: David Hanson 763-689-6056

#### **Boys Tennis**

Head Coach: Thea Lowman 763-689-6437

#### **Boys Track**

Head Coach: Kent Viesselman 763-689-6414

## Girls Track

Head Coach: Michael Galligan 763-689-6442

## **ACTIVITIES**

#### **Mock Trial**

Advisor: Chad Filley 763-689-6434 Winter activity – Oct.-Feb.

The mock trial team is given a legal case to prepare and present in competition against other schools. Mock trial helps students learn about the legal system and trial law; and helps improve speaking, organization, thinking and cooperative skills.

#### Music

Band: Justin Kennedy 763-689-6426 Choir: Frank Wells 763-689-6430 Offered during the school year. Competitions are held for both band and choir at the conference and section level.

## **One-Act Play**

Advisor: Kelly Fahrni 763-689-6487 Winter activity – Dec.-Feb.
The one-act play is a competition play involving approximately 20 students.
Tryouts for cast and crew take place in early December; with rehearsals after school in December and January. The play is performed in mid-January at a conference festival, in late January before parents/students; sectionals and state competition follow.

## Speech

Advisor: Kelly Fahrni 763-689-6487 Spring activity – Feb.-April Speech is a public speaking and/or oral interpretation activity with 13 different competition categories. Sign-up is early November with invitationals in February and March. Competitions for both teams and individuals continue from the end of March to mid-April.

# **Visual Arts Competition**

Advisor: James Sullivan 763-689-6461 Offered during the school year. Offers students an exposure to the world of art, and an opportunity to present at a juried exhibition. Awards are presented for outstanding and original work.